

Any golfer will understand this: You go out to the driving range, you warm up with your irons, everything is going right. You pull out your utility clubs, you are hitting great. Your driver - boom. The ball flies far and lands just where you want it. You head for the practice green.... You drain every putt from 30 feet in. Time to play with your friends. Eighteen delicious holes, and you are going to show them how good you are. Your mind starts racing a bit. Am I too confident? Am I too relaxed? Thoughts start creeping in, but you still believe. You line up over the first tee ready to drill it. Everything is going to be great..... Whack! You can't believe it - you spray the ball 30 yards to the right, short and in deep rough. You try to punch out to the fairway... only it goes to the other rough. And so on. You end up quadruple bogey. Your day is shot. It happens to every golfer. The mind becomes their worst enemy. It's not physical; it's all in the head. How can listeners get their brains back to practice range? Why did it change? The preeminent golf psychologist Bob Rotella, whose counsel and knowledge is sought by hundreds of thousands, including the world's top players, has spent years trying to discover a way to get golfers to stay in the mindset that they can thrive in. In *Your 15th Club*, Rotella has done just that: come up with a plan to help golfers play at their optimal best. It is something that every golfer will want to learn.

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All golfers have fourteen clubs in their bag, but the real winners have a little something extra -- that mental attitude that puts their game above the others. Dr. Bob.

Buy *Your 15th Club: The Inner Secret to Great Golf* from Dymocks online BookStore. Find latest reader reviews and much more at Dymocks. *Your 15th Club* has ratings and 17 reviews. Francis said: It is hard to distinguish one Rotella book from another but the good thing is they are all v.

*Your 15th Club* by Dr. Bob Rotella - Dr Bob Rotella, author of half a dozen bestselling books on golf, including *Golf is Not a The Inner Secret to Great Golf*.

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